

AD99's Elite Student-Athletes Model

Our Approach

At AD99 Solutions we take a holistic whole-person approach to the development of under-resourced student-athletes. We integrate evidence-based practices that are culturally competent, trauma-sensitive, and strength-based. Not only do we support and educate student-athletes but also their social ecosystem, which increases the probability of positive outcomes for youths and adolescents.



The Model

The AD99's Elite Student-Athletes Model is six-dimensional, focusing on mental health, physical health, social-emotional development, identity development, academic development, cognitive development, and competitive spirit. The model prioritizes strong relationships within ecosystems - family, school, community, sports teams, and peer groups.

